

BUILDING AN EMERGENCY KIT



Gather all your essential items to withstand emergencies and store them in an easily accessible location.

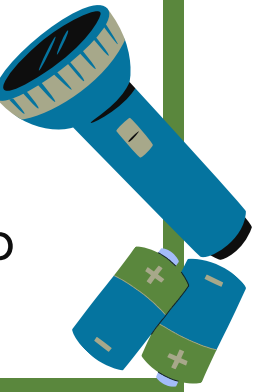
Forms of identification

- Passports
- ID cards
- Family book
- Driver's license
- Social security cards
- Insurance contracts



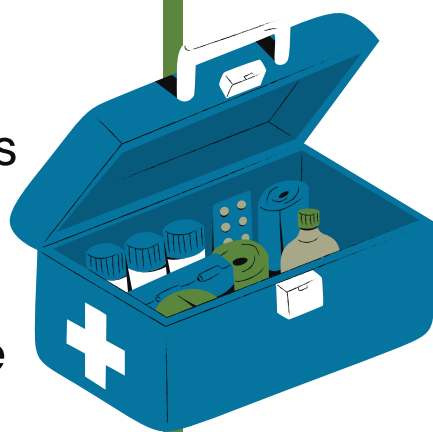
Equipment

- Battery-powered radio with batteries
- Spare car and house keys
- Flashlight with a set of spare batteries
- Multi-purpose pocket knife
- Cash
- Cellular phone with usb cable



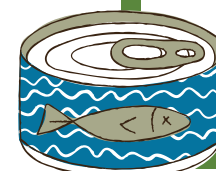
Health and hygiene

- First aid kit and medical prescriptions
- A change of clothes and shoes
- Sleeping bag
- Personal hygiene products
- Toilet paper
- Card games for some moral support



Eat and drink

- Bottles of water (10L per person)
- Energy bars
- Dry fruits
- Canned food
- Biscuits



Each household ought to have the ability to live independently and sustain themselves for a few days in the event of an emergency. Please adapt your kit to meet the specific needs of your family.